Paula Herron

My Food Storage Cookbook’s Biggest Prepper Challenge: Weeks 1-4

[Wonder Oven Bread](http://myfoodstoragecookbook.com/2011/07/22/my-kind-of-wonder-bread/)

Braised Beef Tips and Mushroom Sauce

Brown rice and Broccoli

Granny's Fried Apple Pies

Oatmeal

[Easy Hamburger Soup](http://myfoodstoragecookbook.com/2013/03/28/easy-hamburger-soup/)

(Mountain House dehydrated meal) Grilled Chicken Breast with Potatoes and Ice Cream dessert

Cheesy Hashbrown Breakfast Stir-Fry

French Toast

[Homemade (Pantry) Ricotta Cheese](http://www.yourownhomestore.com/ricotta-cheese-from-thrive-instant-milk/)

[Italian Ricotta Breakfast Casserole](http://www.mennonitegirlscancook.ca/2014/02/italian-ricotta-breakfast-casserole.html)

[Homemade Yogurt & Strawberries](http://myfoodstoragecookbook.com/2011/11/17/making-yogurt/)

[Homemade Mayonnaise](http://www.ourfoodstorage.com/2010/12/26/holiday-leftovers-and-homemade-mayo/)

[Salmon Patties & Dilly Rice](http://myfoodstoragecookbook.com/2011/08/30/salmon-cakes-with-dilly-lemon-rice/)

Spaghetti

[Sour Cream & Onion Chicken Salad](http://www.100daysofrealfood.com/2014/02/20/recipe-chicken-salad-sour-cream-onion/)

Pineapple Upside Down Cake

Buttermilk Biscuits & Gravy

[Hamburger Helper Chili Mac](http://myfoodstoragecookbook.com/2013/04/04/homemade-hamburger-helper-9-varieties/)

[Canneloni Noodles](http://myfoodstoragecookbook.com/2011/10/12/crab-and-ricotta-cannelloni/)

[Crab & Ricotta Canneloni](http://myfoodstoragecookbook.com/2011/10/12/crab-and-ricotta-cannelloni/)

[Salsa, Chicken & Black Bean Soup](http://foodstoragemadeeasy.net/2012/05/24/salsa-chicken-and-black-bean-soup-recipe/)

[Buttermilk Pancakes with Homemade Maple Syrup](http://jamiecooksitup.net/2012/01/buttermilk-pancakes/)

[Hamburger Helper Cheeseburger](http://myfoodstoragecookbook.com/2013/04/04/homemade-hamburger-helper-9-varieties/)

Homemade BBQ sauce, (Bottled) Mashed Potatoes and (FD) Peas & Carrots

[Rice Pudding](http://myfoodstoragecookbook.com/2012/04/26/rice-pudding/)

[Ritz Crackers](http://myfoodstoragecookbook.com/2013/03/21/homemade-ritz-crackers/)

[Hot Ham Rolls](http://myfoodstoragecookbook.com/2011/09/14/hot-ham-rolls/)

[Chicken and Corn Chowder with Sweet Potatoes](http://myfoodstoragecookbook.com/2013/01/31/chicken-and-corn-chowder-with-sweet-potatoes/)

[Ice Cream (made from food storage)](http://www.yourownhomestore.com/home-made-ice-cream-in-10-minutes-from/)

Homemade Egg Noodles

Tuna Noodle Casserole

[Fast Foolproof Bread](http://jezebel.com/5881847/how-to-make-easy-fast-foolproof-bread-from-scratch)

[Bourbon Chicken with Rice](http://myfoodstoragecookbook.com/2012/01/18/bourbon-chicken/)